

Reader

Spilling More Than Human T

Dear reader,

In front of you is a Reader, a collection of texts that will accompany you during the journey of Spilling More than Human T. These texts will be read and dissected together with the hope they will become a helpful guide you can refer to when thinking about your own projects and topics.

The texts you will find here can be difficult and confusing. They might explore ideas that you have not yet thought about or they might bring a new perspective onto things you know already. Sometimes, they might be things you already know packaged into complicated structures and sentences. The reading process can feel frustrating. During my own studying process I have often felt confused and frustrated, sometimes feeling like I understood everything and then coming into class knowing I don't, or sometimes spending 15 minutes reading a couple of sentences over and over.

This should not be a reason to put this Reader away. Let's approach the texts through an affirmative reading lens: that means that in the moments of frustration we should engage with a text with care and patience, trying to look at what makes sense and what can be enjoyed. Try to not dismiss a text. Rather choose to critically engage with the text by making connections with other concepts you know and with your own embodied experiences.

Write down all your questions next to the text and don't be afraid to ask. Let's engage in collective discussions. Let's share our moments of confusion and feeling lost with others. Let's collectively strive for a deeper understanding, one that we can only achieve together.

With care,
a reader.